

# The 2<sup>nd</sup> Annual Training Course on SHN Programmes in Southeast Asia:

## *Course Summary*



# Day 1: Introductions & Country Presentations

- We were introduced to the hosts of the course and the course organisers.
- We reviewed the global and regional school health and nutrition situations.
- We listened to presentations from the eleven Asian countries represented at the course.



## Day 2: Parasite Control (Key Topic)

- We were introduced to the topic of parasite control by Ms. Jane Lillywhite, Prof. Roy Anderson and Dr. Irene Ayi.
- We reviewed the national situation of parasite control in Laos with Dr. Bounlay from the Ministry of Health.
- We worked in groups to discuss key observations, operational factors and innovative approaches to parasite control.



## Day 3 (morning): Human Resources & Partnerships

- We worked with Ms. Brie McMahon to analyse partnership working and cross-sectoral collaboration for SHN programmes.
- We learnt about the development of SHN programmes in Japan from Prof. Okada.
- We learnt about human resource management in SHN from both Dr. Jun Kobayashi and Ms. Valadoun.





# Day 3 (afternoon): School Feeding & Sokpaluang School Visit

- We learnt about the development of the national school meals programme from Aj. Yangxia Lee, Ministry of Education & Sports.
- We then visited Sokpaluang Primary School in Vientiane City where we observed their WASH facilities and health promotion activities.



## Day 5 (morning): Food & Nutrition, SHN Policy

- We learnt about school feeding and approaches to healthy nutrition from Mr. Iain Gardiner (PCD) & Dr. Pimpimon Thongthien (Mahidol University).
- We discussed SHN research, policy and analysis with the team from the Japan Consortium for Global School Health Research.



# Day 5 (afternoon): Fit for School & Inclusive Education

- We learnt about the new Fit for School approach (deworming, hand-washing and tooth-brushing) that is currently being piloted in Lao PDR and other SEA countries.
- We heard about inclusive education from Mr. David Clarke (UNESCAP) and Ms. Natasha Graham (GPE). This included the recent research programme on spectacle screening in Cambodia.





## Day 6: Field Visits to VTE Province

- We visited Nongnack school where we observed child-to-child SHN teaching activities and heard about the development of the school.
- We visited Phonehong school where we observed health education and tooth-brushing activities.
- Later in the day we went to the Bankoun Teacher Training Centre where we learnt about the work they do to educate trainee teachers about SHN.





# Day 7: Reflections on the Field Visit & SHN Action Planning

- We discussed in groups about the positive and negative aspects of each of the four schools and colleges visited during the course.
- Dr. Jun Kobayashi led a session on policy implementation in SHN.
- The country teams then worked to develop their SHN Action Plans in key areas including deworming, WASH, school feeding and the school environment.



## Day 8: SHN Action Plans & Course Evaluation

- The eleven country teams presented their action plans for school health & nutrition programmes in South & Southeast Asia.
- Next on the agenda is the course evaluation and a discussion on the next SHN training course before the course is officially closed.

