



MAHIDOL UNIVERSITY
Wisdom of the Land



Imperial College London

The 5th Annual Course on School Health and Nutrition Programme in Asia

26 November – 4 December 2015

Faculty of Tropical Medicine & Asian Centre of International Parasite Control (ACIPAC), Mahidol University

Venue:

Faculty of Tropical Medicine, Mahidol University, Bangkok Thailand

Course Conveners:

Faculty of Tropical Medicine & Asian Centre of International Parasite Control (ACIPAC), Mahidol University, Thailand
Partnership for Child Development (PCD), Imperial College London, UK
Japan Consortium for Global School Health Research (JC-GSHR), Japan

Tuesday 24th November: Arrival of participants at the Victory Executive Residence, Bangkok. If possible the participants will attend the WHO technical meeting 23rd-25th November.

Summary Timetable:

Day	Date		Agenda
1	Thurs 26 th November	AM	Course opening & introductions
		PM	Country Team Presentations
2	Fri 27 th November	AM	Policies at country level
		PM	Workshop and policy analysis
		Eve	Welcome dinner at Rayamana, Restaurant King Power
3	Sat 28 th November	AM	Inclusion in School Health
		PM	Disaster Prevention
4	Sun 29 th November		At Leisure
5	Mon 30 th November	AM	School-based SHN Services: nutrition and school feeding
		PM	Parasite control, WASH and integration
6	Tues 1 st December		Field Visit
7	Wed 2 nd December	AM	SHN regional network meeting
		PM	Technical workshop & Action planning
8	Thurs 3 rd December	AM	Action planning and country presentations
		PM	Country presentations & close
9	Fri 4 th December	AM	JITMM symposium

Date& Scope	Activities & Timings
<p>Day 1: Thurs 26th November 2015</p> <p>Brief summary: <i>Opening session, course introduction, the global and regional School Health & Nutrition situation and the FRESH Framework.</i></p> <p><i>Presentations: Progress and challenges in SHN in participating countries.</i></p> <p>Chair: <i>Assoc. Prof. Jitra Waikagul</i></p> <p>Co-Chairs: <i>Dr. Lesley Drake</i> <i>Prof. Jun Kobayashi</i></p>	<p>Day 1: Course opening & introductions</p> <p>8:30 - 9:00 Registration of participants Collection of registration packs and submission of SHN policies and guidelines by country participants</p> <p>9:00 - 9:20 Opening ceremony: Introductions to course conveners & guests</p> <p>9:20 - 9:30 group photograph</p> <p>9:30 - 10:00 Course introduction and history, objectives, expected outputs (L) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC</i> <i>Dr. Lesley Drake, PCD, Imperial College London</i></p> <p>10:00 - 10:15 Brief self-introduction of the participants (D)</p> <p>10:15 - 10:35 Coffee break</p> <p>10:35 - 11:20 An overview of the global school health situation and introduction to the FRESH Framework(L) <i>Dr. Lesley Drake, PCD, Imperial College London</i></p> <p>11:20 - 11:50 The regional school health situation (include roles of SHN in the SDGs) (L) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC</i> <i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p>11:50 - 12:15 School Health Implementation from SEAMEO's perspective (L&D) <i>Assoc. Prof. Pratap Singhasivanon, Mahidol University & SEAMEO</i></p>
	<p>12:15 - 13:15 Lunch</p>
	<p>13:15 - 15:00 Country team presentations (includes SHN policy, stakeholder analysis, present situation and challenges in SHN)</p> <p>10 minutes per country + 5 minutes Q&A (Lao PDR, Pakistan, Cambodia, Myanmar, Bhutan) (L & D) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC</i> <i>Dr. Laura Appleby, PCD, Imperial College London</i></p> <p>15:00 - 15:15</p>

	<p>Coffee break</p> <p>15:15 - 17:00 Country presentations: 10 minutes + 5 minutes Q&A (Bangladesh, India, Indonesia, Papua New Guinea, Nepal, Philippines) (L & D) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC</i> <i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p><i>Close of day and summary</i></p>
<p>Day 2: Fri 27th November 2015</p> <p><i>Fresh Pillar I (Policies):</i></p> <p><i>Key factors for successful policy and planning</i></p> <p><i>Presentations on Policy situation analysis</i></p> <p>Venue: Faculty of Tropical Medicine, Mahidol University</p> <p>Chair: <i>Prof. Jun Kobayashi</i></p> <p>Co-Chairs: <i>Dr. Laura Appleby</i> <i>Assoc. Prof. Sachi Tomokawa</i></p>	<p>Day 2: SHN Policy <i>Brief recap on previous day</i></p> <p>9:00 - 9:50 School Health and Nutritional Policy- Challenges and key factors for its implementation (includes explanation of M&E tools) (L) <i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p>9:50 - 10:20 Importance of institutionalized human capacity building in SHN <i>Assoc. Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i></p> <p>10:20 - 10:35 Coffee break</p> <p>10:35 - 11:30 School Health and Nutrition Policy Analysis (WS) <i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assoc. Prof. Sachi Tomokawa, Shinshu University & JC-GSHR</i></p> <p>11:30 - 12:30 Country presentations on SHN policy situation analysis (L&D) Selected 5 country teams (5 minutes per country +5 minutes Q&A,) Q & A session and discussion on School Health & Nutrition policy and achieving policy implementation (D) <i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assoc. Prof. Sachi Tomokawa, Shinshu University & JC-GSHR</i> <i>Dr. Laura Appleby, PCD, Imperial College London</i></p>
	<p>12:30 - 13:30 Lunch</p>
	<p>13:30 - 14:15 Parasite control in Thailand schools: Food-born parasites (L) <i>Assist. Prof. Dorn Watthanakulpanich, Mahidol University</i></p> <p>Policy Analysis 14:15 - 15:45 Tools for Monitoring and Evaluating SHN Programmes: SABER & FRESH (L (15 mins), D & WS) <i>Dr Bachir Sarr, Senior SHN Specialist, Partnership for Child Development Team</i></p>

	<p>15:45 – 16:00 <i>Coffee break</i></p> <p>16:00 – 17:00 Country group presentations of SABER or FRESH (including Q&A and Discussion) <i>Dr. Bachir Sarr, Senior SHN Specialist, Partnership for Child Development Team</i></p> <p><i>Close of day and summary</i></p> <p>18:00 - 20:00 Welcome dinner at (Lamoon)Ramayana Restaurant King power</p>
<p>Day 3 Sat 28th November 2015</p> <p><i>FRESH Pillars II (School Environment) & III (Health Education)</i></p> <p><i>Best practices for effective school health education, creating a safe and inclusive school environment and investigating disaster prevention in SHN</i></p> <p>Chair: <i>Dr. Laura Appleby</i></p> <p>Co-Chairs: <i>Prof. Jun Kobayashi</i> <i>Assoc. Prof. JitraWaikagul</i></p>	<p>Day 3: Inclusion, Disaster Prevention, School Environment and Health Education <i>Brief recap on previous day</i></p> <p>09:00 - 09:45 Global overview of special needs education systems (L) <i>Assoc. Prof. Akihiro Nishio ,Gifu University, JC-GSHR</i></p> <p>09:45 – 11:00 Round table for school based screening and health checkup (WS) Country A 16:00-16:20 Country B 16:20-16:40 Q and A 16:40-16:45 <i>Assoc. Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i> <i>Assoc. Prof. Akihiro Nishio, Gifu University, JC-GSHR</i></p> <p>11:00 – 11:15 <i>Coffee Break</i></p> <p>11:15 - 11:45 Intervention of Disability in Thai schools <i>Dr. Samart Ratanasakorn, MOE Thailand</i></p> <p>11:45 - 12:30 Fit for School – a stepwise approach to reach national WASH in School standards <i>Dr Bella Monse, GIZ, Manila, Philippines</i></p> <hr/> <p>12:30 - 13:30 Lunch</p> <hr/> <p>13:30 - 14:00 Mental health in schools <i>Assoc. Prof. Akihiro Nishio, Gifu University, JC-GSHR</i></p> <p>Disaster prevention in SHN (the school environment)</p> <p>14:00 - 14:20 World trends on disaster prevention in SHN (L) <i>Prof. Jun Kobayashi, JC-GSHR</i></p>

	<p>14:20 - 14:45 Post-Haiyan analysis of disaster risk reduction policies and activities in public schools in Leyte Province, Philippines <i>Assist Prof. Ernesto R. Gregorio, Jr, College of Public Health, University of the Philippines</i></p> <p>14:45 - 15:15 How to integrate disaster preventive education in existing school health and strength partnerships with community (L) Case study: <i>Disaster preventive activities by community partnerships</i> <i>Assist. Prof. Mitsuya Kodama, Yokohama City University, JC-GSHR</i></p> <p>15:15 - 15:45 Disaster prevention in Thai School <i>Dr. Keerati Sripramai, Mahidol University</i></p> <p>15:45 - 16:00 Coffee Break</p> <p>16:00 - 16:45 Group discussion on how to integrate disaster preventive education in existing school health and strength partnerships with community <i>Prof. Ernesto R. Gregorio, Jr, College of Public Health, University of the Philippines</i> <i>Assist. Prof. Mitsuya Kodama, Yokohama City University, JC-GSHR</i></p> <p>16:45 - 17:30 Presentations by selected groups <i>Prof. Ernesto R. Gregorio, Jr, College of Public Health, University of the Philippines</i> <i>Assist. Prof. Mitsuya Kodama, Yokohama City University, JC-GSHR</i></p> <p><i>Close of day and summary</i></p>
<p>Day 4 Sun 29th November 2015</p>	<p>At leisure</p>
<p>Day 5 Mon 30th November 2015</p> <p><i>FRESH Pillar IV (School Services):</i></p> <p><i>School health services; implementation and</i></p>	<p>Day 5: School-based SHN Services</p> <p><i>Brief recap on Saturday's session</i></p> <p>09:00 - 09:30 Nutrition in schools <i>Sumita Kirti, Save the Children, India</i></p> <p>09:30 - 10:00 Home Grown School Feeding</p>

<p><i>integration</i></p> <p>Chair: <i>Dr. Laura Appleby</i></p> <p>Co-Chair: <i>Dr. Pimpimon Thongtian</i> <i>Prof. Jun Kobyashi</i></p>	<p><i>Askale Teklu, School Feeding Unit, WFP</i></p> <p>10:00 – 10:30 Menu planning for nutritious and locally sourced school meals. <i>Dr. Lesley Drake, PCD, Imperial College London</i></p> <p>10:15 - 10:45 Q&A on school feeding and nutrition</p> <p>10:45 – 11:00 Coffee Break</p> <p>10:45 - 11:15 Oral health in School Health & Nutrition (L) <i>Dr. Piyada Prasertsom, Bureau of Dental Health, Thailand</i> <i>WHO</i></p> <p>11:15 - 12:15 Situation analysis for NCD prevention in SHN (WS) <i>Assoc. Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i></p> <p>12:15 - 12:30 Feedback on Situational Analysis (D) <i>Assoc. Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i></p>
	<p>12:30 - 13:30 Lunch</p>
	<p>School-based SHN Services</p> <p>13:30 - 14:10 Deworming in Schools: Parasites in school children: Effects and how to treat <i>Dr. Laura Appleby, PCD, Imperial College London</i> School based deworming, a country's perspective: Myanmar <i>Su Mon Myat, School Health Division, Ministry of Health, Myanmar</i></p> <p>14:20 - 14:40 Involving Children for Better Wash in Schools: a country's perspective <i>Yadev Mainali, Save the Children, Nepal</i></p> <p>14:40 – 14:55 Coffee Break</p> <p>14:55 – 15:10 An integrated school WASH programme (WASH + menstrual health) <i>Gul-e-Rehna Shah, Wateraid Pakistan</i></p> <p>15:10 - 15:25 Vision Screening <i>Dr. Lesley Drake, PCD, Imperial College London</i></p>

	<p>15:25 - 15:45 Integrating Interventions <i>Dr. Laura Appleby, PCD, Imperial College London</i></p> <p>16:05 - 16:40 Group activities in country delegations: examples of different school health programmes, scale and scope (WS). <i>Dr. Laura Appleby, PCD, Imperial College London</i></p> <p>16:40 - 17:00 Ecohealth education in teacher training colleges in Lao PDR <i>Assoc. Prof. Ngouay Keosada, National University of Laos</i></p> <p>17:00 - 17:30 Background information concerning the education system and SHN in Thailand followed by field visit briefing. Make clear the purpose of field visit <i>Dr. Pannamas Maneekan, Mahidol University</i></p> <p><i>Close of day and summary</i></p>
<p>Day 6 Tue 1st December 2015</p> <p><i>Field visits to observe best practice in Inclusive education Disaster management Prevention of NCDs and Nutrition education.</i></p> <p>Venue: <i>Schools in Bangkok and Samut Prakan Provinces (East of Bangkok)</i></p> <p>Chair: <i>Mahidol University (Assist. Prof. Dorn, Dr. Pim, Dr. Panamas,)</i></p>	<p>Day 6: Field Visit to Schools</p> <p>7:30 – 8:30 Travel to Banbangchak School, Samut Prakan Province</p> <p>9:00 – 11:30 Visit school to observe comprehensive SHN activities including school lunch (V)</p> <p>11:30 – 12:30 Move to Prayaprasert-Suntrasai School, Bangkok</p> <p>12:30 – 13:30 Lunch at Prayaprasert-Suntrasai School, Bangkok</p> <p>13:30 – 16:00 Visit School to observe SHN activities (V)</p> <p>16:00 Travel to Bangkok</p>
<p>Day 7 Wed 2nd December 2015</p> <p><i>Reflections on field visit for policy implementation. Introduction to the Asian SHN Network</i></p> <p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p>	<p>Day 7: Action Planning & the Bangkok Declaration on Asian School Health</p> <p>09:30 - 10:15 Reflections on the field visits and discussion on how strong policy implementation can be achieved through advocacy (WS & D) <i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Course participants and conveners</i></p> <p>10:15 - 10:30 Introduction to the Asia SHN Network and Bangkok declaration (L)</p>

<p>Chair: <i>Prof. Jun Kobayashi</i></p> <p>Co-Chairs: <i>Dr. Laura Appleby</i> <i>Assist Prof. Sachi Tomokawa</i></p>	<p><i>Assoc. Prof. Pratap Singhasivanon, Mahidol University & SEAMEO</i> <i>Assist Prof. Ernesto R. Gregorio, Jr, College of Public Health, University of the Philippines</i> <i>Dr. Lesley Drake, PCD, Imperial College London</i></p> <p>10:30 - 11:15 Workshop to discuss the regional network</p> <p>11:15 - 11:45 Coffee Break and small group discussions with facilitators</p> <p>11:45 - 12:30 Feedback from workshop and discussion key priorities for SHN in the region (L&D)</p> <hr/> <p>12:30 - 13:30 <i>Lunch</i></p> <hr/> <p>13:30 - 15:00 Technical Workshop - Deworming MDA roadmap Tools to support global Deworming efforts 8 steps to deworming Costing deworming programmes Need for monitoring and evaluating prevalence of worms <i>Dr. Laura Appleby, PCD, Imperial College London</i> <i>Dr. Hugo Turner, LCNTDR, Imperial College</i></p> <p>15:00 - 15:30 Panel Discussion on Deworming (Q&A) <i>Dr. Laura Appleby</i> <i>Dr. Lesley Drake</i> <i>Assoc. Prof. Jitra Waikagul</i> <i>Assist. Prof. Dorn Watthanakulpanich</i></p> <p>15:30 - 15:45 Coffee Break</p> <p>15:45 - 17:30 School health and nutrition action planning in country teams. (WS) <i>PCD Team and all course conveners</i></p> <p><i>Close of day and summary</i></p>
<p>Day8: Thurs 3rd December 2015</p> <p><i>Presentation of SHN Action Plans for each country team, evaluation of the course and closing session.</i></p> <p>Venue: <i>Faculty of Tropical Medicine,</i></p>	<p>Day 8: Country Action Planning, Presentations & Closing Ceremony</p> <p>9:00 - 10:30 Final SHN action planning workshop to prepare SHN action plans and presentations. (WS) <i>PCD Team and all course conveners</i></p> <p>10:30 - 10:45 Coffee break</p>

<p><i>Mahidol University, Bangkok</i></p> <p>Chair: <i>Assoc. Prof. Jitra Waikagul</i></p> <p>Co-Chairs: <i>Ms. Jane Lillywhite</i> <i>Prof. Jun Kobayashi</i></p>	<p>10:45 - 12:30 Presentation of Country Action Plans (10 minutes per country + 5 minutes Q & A) (Bangladesh, India, Indonesia, Papua New Guinea, Nepal, Philippines)</p> <p>12:30 - 13:30 Lunch</p> <p>13:30 - 15:00 Presentation of country Action Plans: 10m, 5m Q & A (Lao PDR, Pakistan, Cambodia, Myanmar, Bhutan)</p> <p>15:00 - 15:15 Coffee Break</p> <p>15:15 - 15:45 Course evaluation and 2016 training plan (D) <i>Assoc. Prof. Jitra Waikagul, Mahidol University</i></p> <p>15:45 - 16:30 Closing ceremony & comments from participants <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC</i> <i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Dr. Lesley Drake, PCD, Imperial College London</i> <i>Course participants</i></p> <p>16:30 <i>Close</i></p>
<p>Day 9: Fri 4th December 2015</p> <p>Venue: Amari Watergate, Bangkok</p>	<p>Day 9: Asian School Health Symposium with JITMM</p> <p>Participate in the <i>Asian School Health Symposium</i></p> <ul style="list-style-type: none"> • Presentations on the evidence base supporting School Health programming in the Asia region. • Launch of the <i>Bangkok Declaration on Asian School Health</i>. <p><i>All participants and facilitators are invited as well as policy-makers and academia from the region.</i></p>

Agenda Key:

- (D) *Discussion*
(L) *Lecture*
(Q&A) *Question & answer session*
(WS) *Workshop*
(V) *Visit*