



**MAHIDOL
UNIVERSITY**
Wisdom of the Land



**Imperial College
London**

The 4th Annual Course on School Health and Nutrition Programmes in Asia

Faculty of Tropical Medicine & Asian Centre of International Parasite Control (ACIPAC), Mahidol University, 8-16 December 2014, Bangkok, Thailand

Course Conveners:

Faculty of Tropical Medicine & Asian Centre of International Parasite Control (ACIPAC), Mahidol University, Thailand
Partnership for Child Development (PCD), Imperial College London, UK
Japan Consortium for Global School Health Research (JC-GSHR), Japan

Sunday 7th December

Arrival of participants at the Victory Executive Residence, Bangkok.

Date & Scope	Activities & Timings
<p>Day 1: Mon 8th December 2014</p> <p>Brief summary: <i>Opening session, course introduction, the global and regional School Health & Nutrition situation and the FRESH Framework.</i></p> <p><i>Sharing progress and challenges in SHN between participating countries.</i></p> <p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p>Chair: <i>Assoc. Prof. Jitra Waikagul</i></p> <p>Co-Chairs: <i>Ms. Jane Lillywhite Prof. Jun Kobayashi</i></p>	<p>Day 1: Course opening & introductions to School Health & Nutrition (SHN), course participants and course conveners</p> <p>8:30-9:00 Registration of participants</p> <p>9:00-9:40 Opening ceremony: introductions to course conveners & guests</p> <p><i>Course conveners: Mahidol University (ACIPAC), Thailand, Japan Consortium for Global School Health Research (JC-GSHR) and Partnership for Child Development (PCD), Imperial College London</i></p> <p>9:40-10:10 Course introduction and history, objectives, expected outputs and course structure (L)</p> <p><i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC Ms. Jane Lillywhite, PCD, Imperial College Mr. Cai Heath, PCD, Imperial College</i></p> <p>10:10-10:30 Coffee break & group photograph</p>

	<p>10:30-11:15 An overview of the global school health situation and introduction to the FRESH Framework (L) <i>Ms. Jane Lillywhite, PCD, Imperial College</i></p> <p>11:15-12:00 The regional school health situation (L) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC Prof. Jun Kobayashi, JC-GSHR</i></p> <hr/> <p>12:00-13:00 Lunch</p> <hr/> <p>13:00-15:00 Country team presentations (includes SHN policy, present situation and challenges in SHN) 10 minutes per country + 5 minutes Q&A (Bangladesh, Bhutan, Cambodia, India, Indonesia, Lao PDR, Myanmar) (L & D) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC Ms. Jane Lillywhite, Managing Director, Partnership for Child Development</i></p> <p>15:00-15:15 Coffee break</p> <p>15:15-17:00 Country presentations: 10 minutes + 5 minutes Q&A (Nepal, Pakistan, Philippines, Tajikistan, Thailand, Thai-Myanmar Border, Vietnam) (L & D) <i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC Prof. Jun Kobayashi, JC-GSHR</i></p> <p><i>Close of day and summary</i></p> <p>18:00- Welcome dinner at <i>Baiyok Sky Tower</i></p>
<p>Day 2: Tue 9th December 2014</p> <p><i>FRESH Pillars I (Policy) & III (Health Education):</i></p> <p><i>Sharing key factors for successful policy and project cycle</i></p>	<p>Day 2: SHN policy, skills-based health education and supporting strategies for successful programmes</p> <p><i>Brief recap on previous day</i></p> <p>9:00-09:20 School Health and Nutritional Policy- Challenges and key factors for its implementation-(L) <i>Prof. Jun Kobayashi, JC-GSHR</i></p>

<p><i>management (including decentralisation and community audit).</i></p> <p><i>Discussions on health education methods and key supporting strategies for successful SHN including child and community participation</i></p> <p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p>Chair: <i>Prof. Jun Kobayashi</i></p> <p>Co-Chairs: <i>Ms. Jane Lillywhite</i> <i>Assist Prof. Sachi Tomokawa</i></p>	<p>9:20-09:40 Project cycle management at school level and supervision by semi-central government level to strengthen SHN (L)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p>09:40-10:45 School Health and Nutrition Policy Analysis (WS)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assist Prof. Sachi Tomokawa, Shinshu University & JC-GSHR</i></p> <p>10:45-11:00 Coffee break</p> <p>11:00-12:30 Country presentations on SHN situation analysis (L&D) (5 minutes per country + 5 minutes Q&A) Q & A session and discussion on School Health & Nutrition policy and achieving policy implementation (D)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assist Prof. Sachi Tomokawa, Shinshu University & JC-GSHR</i> <i>Ms. Jane Lillywhite, Partnership for Child Development</i></p>
	<p>12:30-13:30 Lunch</p>
	<p>Health education and supporting strategies for SHN: child and community participation</p> <p>13:30-14:00 Child Participation and Child health club in Asia and Africa</p> <p><i>Assist Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i></p> <p>14:00-14:20 Possibilities and future challenges for participatory 'Little Doctor' activities in School Health, Bangladesh</p> <p><i>Dr. Muhammad Mujibur Rahman, Ministry of Health & Family Welfare, Bangladesh</i></p> <p>14:20-15:00 Government support to facilitate participatory SHN activities (L)</p> <p><i>Dr. Panamas Maneekan, Mahidol University</i></p> <p>15:00-15:15 Q & A session and discussion on Child and Community participation in SHN (D)</p> <p><i>Assist Prof. Sachi Tomokawa</i></p>

	<p>15:15-16:00 Situation analysis about child participatory activities in SHN (WS) [including coffee break]</p> <p><i>Assist Prof. Sachi Tomokawa, Shinshu University. JC-GSHR Facilitators from JC-GSHR, PCD & Mahidol Univeristy</i></p> <p>16:00-17:15 Country presentations and comments on Child and Community participation in SHN (L&D) (5 minutes per country with Q & A at the end of the session)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR Assist Prof. Sachi Tomokawa, Shinshu University. JC-GSH</i></p> <p><i>Close of day and summary</i></p>
<p>Day 3 Wed 10th December 2014</p> <p><i>FRESH Pillars II (School Environment) & IV (SHN Services):</i></p> <p><i>Sharing best practice for effective school-based health services, creating a safe and inclusive school environment and investigating disaster prevention in SHN</i></p> <p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p>Chair: <i>PCD</i></p> <p>Co-Chairs: <i>Prof. Jun Kobayashi</i></p> <p><i>Assoc. Prof. Jitra Waikagul</i></p>	<p>Day 3: SHN Services, Inclusive Approaches & Disaster Prevention in the School Environment</p> <p><i>Brief recap on previous day</i></p> <p>9:00-10:00 Introduction to school-based SHN Services: complementary and inclusive approaches and how data can inform policy and programme implementation. (L)</p> <p><i>Mr. Cai Heath, SHN Programme Manager, Partnership for Child Development</i></p> <p>10:00-11:00 School Eye Health Education Program in Cambodia (L & D)</p> <p><i>Mr. Sith Sam Ath, Country Manager, Fred Hollows Foundation Cambodia Cambodia Ministry of Education, Youth and Sports</i></p> <p>11:00-11:15 Coffee Break</p> <p>11:15-12:00 Disability, education & gender: disability interventions in school health (L)</p> <p><i>Mr. David Clarke, International Education Specialist</i></p>

12:00-12:30

Discussion and participant feedback on inclusive approaches to SHN (WS)

*Mr. David Clarke, International Education Specialist
Mr. Sith Sam Ath, Country Manager, Fred Hollows Foundation
Cambodia
Mr. Cai Heath, Partnership for Child Development*

12:30-13:30

Lunch

Disaster prevention in SHN (the school environment)**13:30-14:00**

Asian trends on disaster prevention in SHN (L)

Prof. Jun Kobayashi, JC-GSHR

14:00-14:50

Post-Haiyan analysis of disaster risk reduction policies and activities in public schools in Leyte Province, Philippines

*Assist Prof. Ernesto R. Gregorio Jr., College of Public Health,
University of the Philippines*

14:50 -15:20

Disaster prevention in a school located on the flood plains in Thailand (L)

*Dr. Dujdao Siriwan, Director of Thairath Witthaya 4, Bang Len
district, Nakhon Prathom Province, Thailand*

15:20-15:40

Coffee Break

15:40-16:20

Japanese experiences of disaster management (L)

*Assist. Prof. Mitsuya Kodama, GCI Public Health Unit, Yokohama
City University*

16:20-16:50

Group discussion and Q&A on disaster management and prevention in relation to SHN (D)

16:50-17:10

Background information concerning the education system and SHN in Thailand followed by field visit briefing.

*Mahidol University (Dr. Pim, Dr. Panamas and Assist Prof. Dorn)
MOES, Thailand
Close of day and summary*

<p>Day 4 Thurs 11th December 2014</p> <p><i>School visit to observe inclusive activities, lectures on SHN services including parasite control, WASH and school nutrition.</i></p> <p><i>The afternoon features lectures on effective parasite control in schools and presents tools to monitor and evaluate SHN programmes followed by an action planning workshop.</i></p> <p>Venue: Piboolprachasan School and Faculty of Tropical Medicine, Mahidol University</p> <p>Chair: Mahidol University (Dr. Pim, Dr. Panamas Assist Prof. Dorn)</p> <p>Co-Chair: Ms Jane Lillywhite Prof. Jun Kobayashi</p>	<p>Day 4: School Visit, SHN Services and M & E in School Health and Nutrition</p> <p>8.00-8:30 Move to Piboolprachasan School, Bangkok.</p> <p>8.30-11.30 Visit to an inclusive school in Bangkok (Piboolprachasan School) (V)</p> <p>11:30-12:00 Move to Mahidol University</p> <hr/> <p>12:00-13:00 Lunch</p> <hr/> <p>13:00-13:30 Reflections on field visit (D) <i>Course participants and conveners</i></p> <p>13:30-14:15 Parasite control in schools: Food-born parasites and MDA road map (L) <i>Assist Prof. Dorn Watthanakulpanich, Mahidol University</i></p> <p>14:15-16:00 Tools for Monitoring and Evaluating SHN Programmes: SABER & FRESH (L&D) [including coffee break] <i>Ms. Mohini Venkatesh, Senior SHN Specialist, Save the Children Partnership for Child Development Team</i></p> <p>16:00-17:00 Introduction to SHN Action Planning (WS) <i>PCD Team & Course Conveners</i></p> <p>17:00-17:15 Field visit briefing <i>Mahidol University (Dr. Pim, Dr. Panamas, Assist Prof. Dorn) MOES, Thailand</i></p> <p><i>Close of day and summary</i></p>
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<p>Day 5 Fri 12th December 2014</p> <p><i>Field visits to observe best practice in child participation activities, deworming programmes, school meals and disaster prevention.</i></p> <p>Venue: <i>Schools in Nakhon Nayok and Racheenburi Provinces (North East of Bangkok)</i></p> <p>Chair: <i>Mahidol University (Dr. Pim, Dr. Panamas, Assist Prof. Dorn)</i></p>	<p>Day 5: Field Visit to Schools in Nakhon Nayok and Pracheenburi Provinces</p> <p>7:30 – 9:00 Move to Wat Pramane School, Nakhon Nayok Province</p> <p>9:00 – 11:30 Visit Wat Pramane school to observe SHN activities including child participation, disaster prevention and school lunch (V)</p> <p>11.30 – 12.30 Lunch at Wat Pramane school and move to Wat Noen Mai Hom School, Racheenburi Province</p> <p>13.00 – 16.00 Visit Wat Noen Mai Hom School to observe SHN activities including the prevention and control of helminth infection (V)</p> <p>16:00 – 17:30 Move to Bangkok</p>
<p>Day 6 Sat 13th December 2014</p>	<p>Day 6: Rest Day</p> <p><i>Free day for participants</i></p>
<p>Day 7 Sun 14th December 2014</p> <p><i>FRESH Pillars III (health education) & IV (SHN Services)</i></p> <p><i>Reflections on field visit for policy implementation , workshop on building health education capacity.</i></p> <p><i>Nutrition and WASH services in schools followed by innovative topics which lie beyond traditional SHN (oral health, eco-health and the 'Fit for School' model)</i></p> <p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p>Chair: <i>Prof. Jun Kobayashi</i></p>	<p>Day 7: Health education, school-based health services and innovations in SHN</p> <p>09:30-10:30 Reflections on the field visits and discussion on how strong policy implementation can be achieved through advocacy (WS & D)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Course participants and conveners</i></p> <p>10:30-12:00 Workshop on capacity building for health education (WS & D) [including coffee break]</p> <p><i>Assist. Prof. Sachi Tomokawa, JC-GSHR</i></p> <p>SHN Services</p> <p>12:00-12:30 School based health health check up and its utilization in nutritional education in Lao PDR (L)</p> <p><i>Prof. Shohei Kokudo, Kobe Universiy and Lao MOES</i></p> <p>12:30-13:30 Lunch</p>

<p>Co-Chairs: <i>Mr. Cai Heath</i> <i>Assist Prof. Sachi Tomokawa</i></p>	<p>13:30-14:15 Nutrition in schools (L) <i>Dr. Katrin Engelhardt, Technical Officer, World Health Organization Western Pacific Regional Office</i></p> <p>14:15-15:00 Linking nutrition to WASH and health improvement (L) <i>Dr. Katrin Engelhardt, Technical Officer, WHO</i></p> <p>15:00-15:30 Oral health in School Health & Nutrition in Thailand (L) <i>Dr. Sompong Charuwichitratana, Colgate-Palmolive, Thailand</i></p> <p>15:30-15:40 Coffee Break</p> <p><i>Innovative Approaches to School Health</i> 15:40-16:20 'Fit for School: Innovations for Sustainability and Scale (L) <i>Dr. Juan Leonardia, GIZ Philippines, Manila</i></p> <p>16:20-16:50 Eco-health education concept and its importance (L) <i>Assist. Prof. Sachi Tomokawa, JC-GSHR</i></p> <p>16:50-17:20 Discussion on innovative approaches to school health (D) <i>Assist Prof. Sachi Tomokawa, JC-GSHR</i></p>
<p>Day 8 Mon 15th December 2014</p> <p><i>Presentation of SHN Action Plans for each country team, evaluation of the course and closing session.</i></p> <p><i>The Asian SHN Network Meeting: Introduction to the network and the 'Bangkok Declaration on Asian School Health', discussion on future collaborations and publications.</i></p>	<p>Day 8: Action Planning & Asian SHN Network Meeting</p> <p>09:00-12:30 School health and nutrition action planning in country teams.(WS) <i>PCD Team and all course conveners</i></p> <p>12:30-13:30 Lunch</p> <p><i>Asian School Health & Nutrition Network Meeting</i> 13:30-14:30 Introduction to the Asia SHN Network and <i>Bangkok Declaration on Asian School Health</i>. (L) <i>Assist. Prof. Ernesto R. Gregorio Jr., University of the Philippines</i> <i>Assoc. Prof. Jitra Waikagul</i></p>

<p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p>Chair: <i>Prof. Jun Kobayashi</i></p> <p>Co-Chairs: <i>Ms. Jane Lillywhite Assoc. Prof. Jitra Waikagul</i></p>	<p>14:30-17:00 Workshop to discuss key priorities for school health in the region, to develop the <i>Bangkok Declaration</i> and prepare a joint network publication. (WS) [including coffee break]</p> <p><i>Prof. Jun Kobayashi, JC-GSHR Ms. Jane Lillywhite, Managing Director, PCD, Imperial College Assist. Prof. Ernesto R. Gregorio Jr., College of Public Health, University of the Philippines</i></p> <p><i>Additional participants from the United Nations and non-governmental agencies</i></p>
<p>Day 9: Tue 16th December 2014</p> <p><i>Presentation of SHN Action Plans for each country team, evaluation of the course and closing session.</i></p> <p>Venue: <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p>Chair: <i>Assoc. Prof. Jitra Waikagul</i></p> <p>Co-Chairs: <i>Ms. Jane Lillywhite</i></p> <p><i>Prof. Jun Kobayashi</i></p>	<p>Day 9: Country Action Planning, Presentations & Closing Ceremony</p> <p>9:00-10:30 Final SHN action planning workshop to prepare SHN action plans and presentations. (WS) <i>PCD Team and all course conveners</i></p> <p>10:30-10:45 Coffee break</p> <p>10:45-12:30 Presentation of Country Action Plans (10 minutes per country + 5 minutes Q & A) <i>Seven Country Teams</i></p> <p>12:30-13:30 Lunch</p> <p>13:30-15:00 Presentation of country Action Plans: 10m, 5m Q & A <i>Five Country Teams</i></p> <p>15:00-15:15 Coffee Break</p> <p>15:15-15:45 Course evaluation and 2015 training plan (D)</p> <p>15:45-16:30 Closing ceremony & comments from participants</p> <p><i>Assoc. Prof. Jitra Waikagul, Mahidol University & ACIPAC Prof. Jun Kobayashi, JC-GSHR Ms. Jane Lillywhite, PCD, Imperial College London Course participants</i></p> <p>16:30- Participants at leisure</p>

Agenda Key:

(D) *Discussion*

(WS) *Workshop*

(L) *Lecture*

(V) *Visit*

(Q&A) *Question & answer session*