



**MAHIDOL  
UNIVERSITY**  
*Wisdom of the Land*



**Imperial College  
London**

## **The 4<sup>th</sup> Annual Course on School Health and Nutrition Programmes in Asia**

Faculty of Tropical Medicine & Asian Centre of International Parasite Control  
(ACIPAC), Mahidol University, 8-16 December 2014, Bangkok, Thailand

### **Course Conveners:**

Faculty of Tropical Medicine & Asian Centre of International Parasite Control  
(ACIPAC), Mahidol University, Thailand  
Partnership for Child Development (PCD), Imperial College London, UK  
Japan Consortium for Global School Health Research (JC-GSHR), Japan

*Sunday 7<sup>th</sup> December*

*Arrival of participants at the Victory Executive Residence, Bangkok.*

<b>Date &amp; Scope</b>	<b>Activities &amp; Timings</b>
<b>Day 1: Mon 8<sup>th</sup> December 2014</b>  <b>Brief summary:</b> <i>Opening session, course introduction, the global and regional School Health &amp; Nutrition situation and the FRESH Framework.</i>  <i>Sharing progress and challenges in SHN between participating countries.</i>  <b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i>  <b>Chair:</b> <i>Assoc. Prof. Jitra Waikagul</i>  <b>Co-Chairs:</b> <i>Ms. Jane Lillywhite Prof. Jun Kobayashi</i>	<b>Day 1: Course opening &amp; introductions to School Health &amp; Nutrition (SHN), course participants and course conveners</b>  <b>8:30-9:00</b> Registration of participants  <b>9:00-9:40</b> Opening ceremony: introductions to course conveners & guests  <i>Course conveners: Mahidol University (ACIPAC), Thailand, Japan Consortium for Global School Health Research (JC-GSHR) and Partnership for Child Development (PCD), Imperial College London</i>  <b>9:40-10:10</b> Course introduction and history, objectives, expected outputs and course structure (L)  <i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC Ms. Jane Lillywhite, PCD, Imperial College Mr. Cai Heath, PCD, Imperial College</i>  <b>10:10-10:30</b> Coffee break & group photograph

	<p><b>10:30-11:15</b> An overview of the global school health situation and introduction to the FRESH Framework (L) <i>Ms. Jane Lillywhite, PCD, Imperial College</i></p> <p><b>11:15-12:00</b> The regional school health situation (L) <i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p><b>12:00-13:00</b> Lunch</p> <p><b>13:00-15:00</b> Country team presentations (includes SHN policy, present situation and challenges in SHN)  10 minutes per country + 5 minutes Q&amp;A (Bangladesh, Bhutan, Cambodia, India, Indonesia, Lao PDR, Myanmar) (L &amp; D)  <i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Ms. Jane Lillywhite, Managing Director, Partnership for Child Development</i></p> <p><b>15:00-15:15</b> Coffee break</p> <p><b>15:15-17:00</b> Country presentations: 10 minutes + 5 minutes Q&amp;A (Nepal, Pakistan, Philippines, Tajikistan, Thailand, Thai-Myanmar Border, Vietnam) (L &amp; D)  <i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC</i> <i>Prof. Jun Kobayashi, JC-GSHR</i>  <i>Close of day and summary</i></p> <p><b>18:00-</b> Welcome dinner at <i>Baiyok Sky Tower</i></p>
<p><b>Day 2: Tue 9<sup>th</sup> December 2014</b></p> <p><i>FRESH Pillars I (Policy) &amp; III (Health Education):</i></p> <p><i>Sharing key factors for successful policy and project cycle</i></p>	<p><b>Day 2: SHN policy, skills-based health education and supporting strategies for successful programmes</b></p> <p><i>Brief recap on previous day</i></p> <p><b>9:00-09:20</b> School Health and Nutritional Policy- Challenges and key factors for its implementation-(L) <i>Prof. Jun Kobayashi, JC-GSHR</i></p>

<p><i>management (including decentralisation and community audit).</i></p> <p><i>Discussions on health education methods and key supporting strategies for successful SHN including child and community participation</i></p> <p><b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p><b>Chair:</b> <i>Prof. Jun Kobayashi</i></p> <p><b>Co-Chairs:</b>  <i>Ms. Jane Lillywhite</i>  <i>Assist Prof. Sachi Tomokawa</i></p>	<p><b>9:20-09:40</b> Project cycle management at school level and supervision by semi-central government level to strengthen SHN (L)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p><b>09:40-10:45</b> School Health and Nutrition Policy Analysis (WS)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assist Prof. Sachi Tomokawa, Shinshu University &amp; JC-GSHR</i></p> <p><b>10:45-11:00</b> Coffee break</p> <p><b>11:00-12:30</b> Country presentations on SHN situation analysis (L&amp;D) (5 minutes per country + 5 minutes Q&amp;A) Q &amp; A session and discussion on School Health &amp; Nutrition policy and achieving policy implementation (D)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assist Prof. Sachi Tomokawa, Shinshu University &amp; JC-GSHR</i> <i>Ms. Jane Lillywhite, Partnership for Child Development</i></p>
	<p><b>12:30-13:30</b> Lunch</p> <p><b>Health education and supporting strategies for SHN: child and community participation</b></p> <p><b>13:30-14:00</b> Child Participation and Child health club in Asia and Africa</p> <p><i>Assist Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i></p> <p><b>14:00-14:20</b> Possibilities and future challenges for participatory 'Little Doctor' activities in School Health, Bangladesh</p> <p><i>Dr. Muhammad Mujibur Rahman, Ministry of Health &amp; Family Welfare, Bangladesh</i></p> <p><b>14:20-15:00</b> Government support to facilitate participatory SHN activities (L)</p> <p><i>Dr. Panamas Maneekan, Mahidol University</i></p> <p><b>15:00-15:15</b> Q &amp; A session and discussion on Child and Community participation in SHN (D)</p> <p><i>Assist Prof. Sachi Tomokawa</i></p>

	<p><b>15:15-16:00</b> Situation analysis about child participatory activities in SHN (WS) <b>[including coffee break]</b></p> <p><i>Assist Prof. Sachi Tomokawa, Shinshu University. JC-GSHR</i> <i>Facilitators from JC-GSHR, PCD &amp; Mahidol Univeristy</i></p> <p><b>16:00-17:15</b> Country presentations and comments on Child and Community participation in SHN (L&amp;D) (5 minutes per country with Q &amp; A at the end of the session)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Assist Prof. Sachi Tomokawa, Shinshu University. JC-GSH</i></p> <p><i>Close of day and summary</i></p>
<p><b>Day 3</b> <b>Wed 10<sup>th</sup> December 2014</b></p> <p><i>FRESH Pillars II (School Environment) &amp; IV (SHN Services):</i></p> <p><i>Sharing best practice for effective school-based health services, creating a safe and inclusive school environment and investigating disaster prevention in SHN</i></p> <p><b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p><b>Chair:</b> <i>PCD</i></p> <p><b>Co-Chairs:</b> <i>Prof. Jun Kobayashi</i></p> <p><i>Assoc. Prof. Jitra Waikagul</i></p>	<p><b>Day 3: SHN Services, Inclusive Approaches &amp; Disaster Prevention in the School Environment</b></p> <p><i>Brief recap on previous day</i></p> <p><b>9:00-10:00</b> Introduction to school-based SHN Services: complementary and inclusive approaches and how data can inform policy and programme implementation. (L)</p> <p><i>Mr. Cai Heath, SHN Programme Manager, Partnership for Child Development</i></p> <p><b>10:00-11:00</b> School Eye Health Education Program in Cambodia (L &amp; D)</p> <p><i>Mr. Sith Sam Ath, Country Manager, Fred Hollows Foundation Cambodia</i> <i>Cambodia Ministry of Education, Youth and Sports</i></p> <p><b>11:00-11:15</b> Coffee Break</p> <p><b>11:15-12:00</b> Disability, education &amp; gender: disability interventions in school health (L)</p> <p><i>Mr. David Clarke, International Education Specialist</i></p>

	<p><b>12:00-12:30</b> Discussion and participant feedback on inclusive approaches to SHN (WS)</p> <p><i>Mr. David Clarke, International Education Specialist</i> <i>Mr. Sith Sam Ath, Country Manager, Fred Hollows Foundation Cambodia</i> <i>Mr. Cai Heath, Partnership for Child Development</i></p>
	<p><b>12:30-13:30</b> Lunch</p>
	<p><b>Disaster prevention in SHN (the school environment)</b></p> <p><b>13:30-14:00</b> Asian trends on disaster prevention in SHN (L)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i></p> <p><b>14:00-14:50</b> Post-Haiyan analysis of disaster risk reduction policies and activities in public schools in Leyte Province, Philippines</p> <p><i>Assist Prof. Ernesto R. Gregorio Jr., College of Public Health, University of the Philippines</i></p> <p><b>14:50 -15:20</b> Disaster prevention in a school located on the flood plains in Thailand (L)</p> <p><i>Dr. Dujdao Siriwan, Director of Thairath Witthaya 4, Bang Len district, Nakhon Prathom Province, Thailand</i></p> <p><b>15:20-15:40</b> Coffee Break</p> <p><b>15:40–16:20</b> Japanese experiences of disaster management (L)</p> <p><i>Assist. Prof. Mitsuya Kodama, GCI Public Health Unit, Yokohama City University</i></p> <p><b>16:20-16:50</b> Group discussion and Q&amp;A on disaster management and prevention in relation to SHN (D)</p> <p><b>16:50-17:10</b> Background information concerning the education system and SHN in Thailand followed by field visit briefing.</p> <p><i>Mahidol University (Dr. Pim, Dr. Panamas and Assist Prof. Dorn)</i> <i>MOES, Thailand</i> <i>Close of day and summary</i></p>

<p><b>Day 4</b> <b>Thurs 11<sup>th</sup> December 2014</b></p> <p><i>School visit to observe inclusive activities, lectures on SHN services including parasite control, WASH and school nutrition.</i></p> <p><i>The afternoon features lectures on effective parasite control in schools and presents tools to monitor and evaluate SHN programmes followed by an action planning workshop.</i></p> <p><b>Venue:</b> Piboolprachasan School and Faculty of Tropical Medicine, Mahidol University</p> <p><b>Chair:</b> Mahidol University (Dr. Pim, Dr. Panamas Assist Prof. Dorn)</p> <p><b>Co-Chair:</b> Ms Jane Lillywhite Prof. Jun Kobyashi</p>	<p><b>Day 4: School Visit, SHN Services and M &amp; E in School Health and Nutrition</b></p> <p><b>8.00-8:30</b> Move to Piboolprachasan School, Bangkok.</p> <p><b>8.30-11.30</b> Visit to an inclusive school in Bangkok (Piboolprachasan School) (V)</p> <p><b>11:30-12:00</b> Move to Mahidol University</p> <p><b>12:00-13:00</b> Lunch</p> <p><b>13:00-13:30</b> Reflections on field visit (D) <i>Course participants and conveners</i></p> <p><b>13:30-14:15</b> Parasite control in schools: Food-born parasites and MDA road map (L) <i>Assist Prof. Dorn Watthanakulpanich, Mahidol University</i></p> <p><b>14:15-16:00</b> Tools for Monitoring and Evaluating SHN Programmes: SABER &amp; FRESH (L&amp;D) <b>[including coffee break]</b> <i>Ms. Mohini Venkatesh, Senior SHN Specialist, Save the Children Partnership for Child Development Team</i></p> <p><b>16:00-17:00</b> Introduction to SHN Action Planning (WS) <i>PCD Team &amp; Course Conveners</i></p> <p><b>17:00-17:15</b> Field visit briefing <i>Mahidol University (Dr. Pim, Dr. Panamas, Assist Prof. Dorn) MOES, Thailand</i> <i>Close of day and summary</i></p>
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<p><b>Day 5</b> <b>Fri 12<sup>th</sup> December 2014</b></p> <p><i>Field visits to observe best practice in child participation activities, deworming programmes, school meals and disaster prevention.</i></p> <p><b>Venue:</b> <i>Schools in Nakhon Nayok and Racheenburi Provinces (North East of Bangkok)</i></p> <p><b>Chair:</b> <i>Mahidol University (Dr. Pim, Dr. Panamas, Assist Prof. Dorn)</i></p>	<p><b>Day 5: Field Visit to Schools in Nakhon Nayok and Pracheenburi Provinces</b></p> <p><b>7:30 – 9:00</b> Move to Wat Pramanee School, Nakhon Nayok Province</p> <p><b>9:00 – 11:30</b> Visit Wat Pramanee school to observe SHN activities including child participation, disaster prevention and school lunch (V)</p> <p><b>11.30 – 12.30</b> Lunch at Wat Pramanee school and move to Wat Noen Mai Hom School, Racheenburi Province</p> <p><b>13.00 – 16.00</b> Visit Wat Noen Mai Hom School to observe SHN activities including the prevention and control of helminth infection (V)</p> <p><b>16:00 – 17:30</b> Move to Bangkok</p>
<p><b>Day 6</b> <b>Sat 13<sup>th</sup> December 2014</b></p>	<p><b>Day 6: Rest Day</b></p> <p><i>Free day for participants</i></p>
<p><b>Day 7</b> <b>Sun 14<sup>th</sup> December 2014</b></p> <p><i>FRESH Pillars III (health education) &amp; IV (SHN Services)</i></p> <p><i>Reflections on field visit for policy implementation , workshop on building health education capacity.</i></p> <p><i>Nutrition and WASH services in schools followed by innovative topics which lie beyond traditional SHN (oral health, eco-health and the 'Fit for School' model)</i></p> <p><b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p><b>Chair:</b> <i>Prof. Jun Kobayashi</i></p>	<p><b>Day 7: Health education, school-based health services and innovations in SHN</b></p> <p><b>09:30-10:30</b> Reflections on the field visits and discussion on how strong policy implementation can be achieved through advocacy (WS &amp; D)</p> <p><i>Prof. Jun Kobayashi, JC-GSHR</i> <i>Course participants and conveners</i></p> <p><b>10:30-12:00</b> Workshop on capacity building for health education (WS &amp; D) <b>[including coffee break]</b></p> <p><i>Assist. Prof. Sachi Tomokawa, JC-GSHR</i></p> <p><b>SHN Services</b></p> <p><b>12:00-12:30</b> School based health health check up and its utilization in nutritional education in Lao PDR (L)</p> <p><i>Prof. Shohei Kokudo, Kobe University and Lao MOES</i></p> <p><b>12:30-13:30</b> Lunch</p>

<p><b>Co-Chairs:</b>  <i>Mr. Cai Heath</i>  <i>Assist Prof. Sachi Tomokawa</i></p>	<p><b>13:30-14:15</b>  Nutrition in schools (L)  <i>Dr. Katrin Engelhardt, Technical Officer, World Health Organization Western Pacific Regional Office</i></p> <p><b>14:15-15:00</b>  Linking nutrition to WASH and health improvement (L)  <i>Dr. Katrin Engelhardt, Technical Officer, WHO</i></p> <p><b>15:00-15:30</b>  Oral health in School Health &amp; Nutrition in Thailand (L)  <i>Dr. Sompong Charuwichitratana, Colgate-Palmolive, Thailand</i></p> <p><b>15:30-15:40</b>  Coffee Break</p> <p><b><i>Innovative Approaches to School Health</i></b>  <b>15:40-16:20</b>  'Fit for School: Innovations for Sustainability and Scale (L)  <i>Dr. Juan Leonardia, GIZ Philippines, Manila</i></p> <p><b>16:20-16:50</b>  Eco-health education concept and its importance (L)  <i>Assist. Prof. Sachi Tomokawa, JC-GSHR</i></p> <p><b>16:50-17:20</b>  Discussion on innovative approaches to school health (D)  <i>Assist Prof. Sachi Tomokawa, JC-GSHR</i></p>
<p><b>Day 8</b>  <b>Mon 15<sup>th</sup> December 2014</b></p> <p><i>Presentation of SHN Action Plans for each country team, evaluation of the course and closing session.</i></p> <p><i>The Asian SHN Network Meeting: Introduction to the network and the 'Bangkok Declaration on Asian School Health', discussion on future collaborations and publications.</i></p>	<p><b>Day 8: Action Planning &amp; Asian SHN Network Meeting</b></p> <p><b>09:00-12:30</b>  School health and nutrition action planning in country teams.(WS)  <i>PCD Team and all course conveners</i></p> <p><b>12:30-13:30</b>  Lunch</p> <p><b><i>Asian School Health &amp; Nutrition Network Meeting</i></b>  <b>13:30-14:30</b>  Introduction to the Asia SHN Network and <i>Bangkok Declaration on Asian School Health</i>. (L)  <i>Assist. Prof. Ernesto R. Gregorio Jr., University of the Philippines</i>  <i>Assoc. Prof. Jitra Waikagul</i></p>



<p><b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p><b>Chair:</b> <i>Prof. Jun Kobayashi</i></p> <p><b>Co-Chairs:</b> <i>Ms. Jane Lillywhite Assoc. Prof. Jitra Waikagul</i></p>	<p><b>14:30-17:00</b> Workshop to discuss key priorities for school health in the region, to develop the <i>Bangkok Declaration</i> and prepare a joint network publication. (WS) <b>[including coffee break]</b></p> <p><i>Prof. Jun Kobayashi, JC-GSHR Ms. Jane Lillywhite, Managing Director, PCD, Imperial College Assist. Prof. Ernesto R. Gregorio Jr., College of Public Health, University of the Philippines</i></p> <p><i>Additional participants from the United Nations and non-governmental agencies</i></p>
<p><b>Day 9: Tue 16<sup>th</sup> December 2014</b></p> <p><i>Presentation of SHN Action Plans for each country team, evaluation of the course and closing session.</i></p> <p><b>Venue:</b> <i>Faculty of Tropical Medicine, Mahidol University, Bangkok</i></p> <p><b>Chair:</b> <i>Assoc. Prof. Jitra Waikagul</i></p> <p><b>Co-Chairs:</b> <i>Ms. Jane Lillywhite</i></p> <p><i>Prof. Jun Kobayashi</i></p>	<p><b>Day 9: Country Action Planning, Presentations &amp; Closing Ceremony</b></p> <p><b>9:00-10:30</b> Final SHN action planning workshop to prepare SHN action plans and presentations. (WS) <i>PCD Team and all course conveners</i></p> <p><b>10:30-10:45</b> Coffee break</p> <p><b>10:45-12:30</b> Presentation of Country Action Plans (10 minutes per country + 5 minutes Q &amp; A) <i>Seven Country Teams</i></p> <p><b>12:30-13:30</b> Lunch</p> <p><b>13:30-15:00</b> Presentation of country Action Plans: 10m, 5m Q &amp; A <i>Five Country Teams</i></p> <p><b>15:00-15:15</b> Coffee Break</p> <p><b>15:15-15:45</b> Course evaluation and 2015 training plan (D)</p> <p><b>15:45-16:30</b> Closing ceremony &amp; comments from participants</p> <p><i>Assoc. Prof. Jitra Waikagul, Mahidol University &amp; ACIPAC Prof. Jun Kobayashi, JC-GSHR Ms. Jane Lillywhite, PCD, Imperial College London Course participants</i></p> <p><b>16:30-</b> Participants at leisure</p>

**Agenda Key:**

(D) *Discussion*

(WS) *Workshop*

(L) *Lecture*

(V) *Visit*

(Q&A) *Question & answer session*